

BONELESS FRESH FISH FILLETS	110/140g (4/5oz)	170/200g (6/7oz)	Per Kilo
ORGANIC SALMON	£3.75	£5.50	£29.99
ORGANIC SEA TROUT	£3.95	£5.95	£31.99
THICK CUT COD LOIN	£4.10	£6.10	£32.99
COD FILLET	£3.30	£5.30	£24.99
HADDOCK FILLET	£3.30	£5.30	£24.99
HAKE FILLET	£3.45	£5.45	£26.99
PLAICE FILLET	Market sizes daily		£25.99
COLEY FILLET	£2.25	£4.25	£17.99
SKATE WINGS	Market sizes daily		£15.99
SEA BASS FILLET	£3.85	£5.85	£30.99
SEA BREAM FILLET	£3.75	£5.75	£29.99
HALIBUT LOIN	£4.85	£7.20	£38.99
RED SNAPPER FILLET	Market size daily		£33.99
SUSHI GRADE TUNA	£4.35	£6.50	£34.99
SWORDFISH STEAK	£4.10	£6.20	£32.99
LAKE TROUT FILLET	Market size daily		£21.99
MACKEREL FILLET			£20.99
JOHN DORY FILLET	£4.35	£6.50	£34.99
MONKFISH GOUJONS			£29.99
MONKFISH FILLET	£4.85	£7.20	£38.99
COD CHEEKS			£24.99
LEMON SOLE FILLET	Market size daily		£36.99
FRESH SMOKED FISH			Per Kilo
NATURAL SMOKED HADDOCK	£3.45	£5.45	£26.99
MANX KIPPERS			£13.99
HOT SMOKED SALMOM	£4.85	£7.20	£38.99
COLD SMOKED SALMON	£4.35	£6.50	£34.99
ARBROATH SMOKIES			£19.99
SMOKED SALMON		100g	£4.50each
SMOKED EEL 100g			£7.95each
GRAVADLAX 200g			£7.95each
BEETROOT GRAVADLAX 200g			£7.95each
SMOKED PLATTER	Mackerel-Trout-Salmon		£7.95each
SMOKED SALMON MOUSSE	Twin pack (x2)		£5.95each
SMOKED MACKEREL FILLETS	Twin pack (x2)	3x Packs £10	
PLAIN			£3.50each
PEPPERED			£3.50each
HERB & GARLIC			£3.50each
CHILLI & LIME			£3.50each
LEMON & PARSLEY			£3.50each
SMOKED TROUT FILL	200g		£7.95each

FRESH SHELLFISH & SEAFOOD			Per Kilo
XL KING SCALLOPS			£49.99
MED/LARGE SCALLOPS			£44.99
GIANT PRAWNS			£5.00each
LARGE PRAWNS RAW	£1each	10x £9	20x £17
LARGE PRAWNS PEELED – DEVAINED	£1each	12x £10	24x £18
LANGOUSTINES			Market price-ask price
QUEEN SCALLOPS			£34.99
DRESSED CRAB			£5.50each
COOKED CRAB CLAWS		350g packet	£8.95each
COOKED WHOLE CRAB			£13.99
LIVE CRAB			£13.99kg
LIVE LOBSTER			Market price-ask price
COOKED LOBSTER			Market price-ask price
OYSTERS			£1.20each
MUSSELS		1kg bag	£6.50
CLAMS			£19.99
CLEANED BABY SQUID			£24.99
SPANISH OCTOPUS			£24.99
POTTED SHRIMP		56g	£3.50each
BROWN SHRIMPS		100g	£5.95each
CRAYFISH TAILS		100g	£4.95each
FRESH WHOLE FISH			Per Kilo
SEA BASS	400/600g	600/800g	£13.99
SEA BREAM	400/600g	600/800g	£13.50
ORGANIC SALMON	2/3kg	3/4kg	£13.99
LAKE TROUT	400/600g		£10.99
MACKEREL	Market sizes daily		£9.99
RED SNAPPER		600/800g	£15.99
PLAICE			Market price-ask price
TURBOT			Market price-ask price
BRILL			Market price-ask price
DOVER SOLE			Market price-ask price
LEMON SOLE			Market price-ask price
FROM THE CHILLER			Each
SALMON CAVIAR		100g	£19.95
LUMP FISH CAVIAR	RED OR BLACK	100g	£5.95
ANCHOVIES			
OLIVE & PEPPER		200g	£4.95
GARLIC		200g	£4.95
PLAIN		200g	£4.95
MEXICAN		200g	£4.95
SMOKED		125g	£4.95
WHITE CRAB MEAT		454g	£19.95
SAMPHIRE GRASS		100g	£1.95

COCKLES IN VINEGAR		350g Jar	£2.95
MUSSELS IN VINEGAR		350g Jar	£2.50
LOBSTER BISQUE		780g Jar	£10.95
LUXUARY READY TO EAT PLATTERS	SMALL £25 MEDIUM £35	LARGE £50 EXTRA LARGE £75	Please ask what's included inside
FISH STOCK		600ml	£3.95

FROZEN PRODUCTS		Size Packets	Each
RAW PEELED PRAWNS		1kg	£14.95
COOKED PRAWNS		454g	£7.95
½ SHELL CLAMS		1kg	£10.95
½ SHELL NZ MUSSELS		1kg	£11.95
PAELLA MIXTURE		1kg	£11.95
XL SQUID TUBES		1kg	£8.95
BABY SQUID		1kg	£11.95
FISH PIE MIXTURE		400g	£6.95
WHITE BAIT		454g	£4.95
BLANCH BAIT		454g	£4.95
HERRING ROE		454g	£6.95
TUNA STEAKS		170/200g	£4.50each 3x£12
LUXURY FISH CAKES	3x Packets £11	TWIN PACK (x2)	
CAJUN PRAWN			£3.75
COD & SALMON			£3.75
SMOKED HADDOCK			£3.75
MIXED FISH & LEMON			£3.75
COD & PARSLEY			£3.75
OLD BELL FARM ORGANIC MEAT & EGGS	ALL THE MEAT IS FROM OUR VERY OWN FARM	100% FREE RANGE 100% ORGANIC 100% AMAZING	
BEEF	170/200g (6/7oz)	250/275g(8/9oz)	
GIANT T-BONE STEAK		600/650g(20/22oz)	£22.95each
SIRLOIN STEAK	£6.85	£9.55	£35.99
RIBEYE STEAK	£7.10	£10.60	£39.99
FILLET STEAK	£10.15	£14.55	£54.99
RUMP STEAK	£4.95	£7.15	£26.99
DICED BEEF		500g Packet	£6.50
MINCED BEEF		500g Packet	£5.95
PORK & SAUSAGES			
CLASSIC PORK		500g Packet	£5.50
CUMBERLAND		500g Packet	£5.50
PORK & APPLE		500g Packet	£5.50
PERI PERI		500g Packet	£5.50
DICED PORK		500g Packet	£4.95
MINCED PORK		500g Packet	£4.50
2x JUMBO CHOPS	(Boneless)	500g Approx	£6.50

FREE RANGE CHICKEN			
WHOLE CHICKEN		1.2/1.4kg	£11.95each
XL WHOLE CHICKEN		1.6/1.8kg	£14.95each
CHICKEN FILLETS	2x Breasts	500g Packet	£7.95each
CHICKEN LEGS	2x Legs	500g Packet	£3.50each
FREE RANGE DUCK			
DUCK BREAST		Each approx 250g	£29.99Kg
DUCK LEGS	2x Legs	350/400g Packet	£6.50each
DUCK EGGS	½ dozen £3.50	1 dozen £6.75	1 & ½ dozen £10
HEN EGGS	½ dozen £2.50	1 dozen £4.75	1 & ½ dozen £7
NOT OLD BELL FARM MEAT & PRODUCTS			
HAGGIS	MIXED GAME £5.95	VENISON £5.95each	LANCASHIRE £5.95each
SMOKED PANCETTA		350g Approx	£8.95each
SMOKED DUCK	1x Breast		£7.95each
SMOKED CHICKEN	2x Breast		£8.95each
SMOKED BACON		200g	£3.95each
UNSMOKED BACON		200g	£3.95each
BLACK PUDDING		200g	£2.95each